

RELEASE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT IN FAVOR OF TRI-CITY JUDO/BJJ

I understand that there are risks and dangers in participating in martial arts activities and that in order to participate, in any such activities, including but not limited to Judo, Kick Boxing, Muay Thai, Jiu Jitsu, MMA, and other martial arts classes/training, including classes/training involving the use of martial arts weapons, I must give up my rights to hold Tri-City Judo/BJJ and any other entity or charity associated with Tri-City Judo/BJJ, responsible or liable for any damage that I may suffer while participating in such classes/training provided by Tri-City Judo/BJJ, waiting at or on Tri-City Judo/BJJ premises to participate in such classes/training, walking through the premises at Tri-City Judo/BJJ prior to or after such classes. Knowing this and in consideration for being permitted to participate in martial arts classes/training with Tri-City Judo/BJJ, I hereby voluntarily forever release, discharge and hold completely harmless Tri-City Judo/BJJ, and all other entities or charities associated with Tri-City Judo/BJJ, and their members, offices, directors, agents, employees, heirs, assigns and independent contractors from any and all responsibility for, or liability resulting from or arising from, my participating in martial arts classes/training at Tri-City Judo/BJJ, and being on the premises at Tri-City Judo/BJJ.

I understand that the martial arts classes provided at Tri-City Judo/BJJ may include, but will not be limited to, activities such as kicking, punching, hitting, stretching, twisting, jabbing, lunging, rolling, falling, jumping, yelling, hand locks, and the use of various martial arts weapons and equipment. I realize that these activities, as well as all other martial arts activities, can be dangerous, but I am voluntarily choosing to participate in some or all of these activities and agree to assume the risk associated with my participation therein.

I understand that I am assuming full responsibility for any and all risks of death, personal injury, emotional pain and suffering, property damage and economic loss that might be suffered by me as a result of my participation in martial arts classes at Tri-City Judo/BJJ. I agree that this release shall bind me, my spouse, my heirs, my personal representatives, my assigns, my children and my and their agents.

I hereby further agree to release, indemnify and hold completely harmless Tri-City Judo/BJJ, and all other entities associated with Tri-City Judo/BJJ, and their members, officers, directors, agents, employees, heirs, assigns and independent contractors harmless from any and all liability and costs, including attorney fees, associated with or arising from my participating in martial arts classes/training at Tri-City Judo/BJJ, waiting at or on Tri-City Judo/BJJ premises to participate in such classes/training, and walking through the premises at Tri-City Judo/BJJ prior to or after such classes/training.

If I am signing this release on behalf of a minor child, I understand that I am giving up the same rights for the said minor as if I signed this release on my own behalf. I have read this agreement and understand the words and language in it and I am advised of all potential dangers incidental to participation in martial arts classes/training at Tri-City Judo/BJJ, including travel to and from.

Also any pics taken of members at dojo or any event, tournament or dojo related social gathering can be posted on dojo website, and our social media can be used and re-used for promotions, and exposure.

I agree that this is a document consisting of a total of one page and that I have been presented, have read and understood the contents contained herein and the rights that I am giving up by signing below where indicated.

Name: _____ Date: _____

Phone: _____ email: _____

Signature: _____